

TEACHING SEMINAR ON FRIDAY, 26 AUG 2005

HOW TO EXERCISE HEALING IN THE NAME OF JESUS

A) WHAT WE NEED TO KNOW

1. **The nature of Jesus' ministry** was not only to bring spiritual healing but also [physical healing](#). Jesus had such deep compassion for people that it led him to heal the sick even if it meant going against the custom and traditions of the day (Lk19v10, Mt14v14).
2. People need to know the Lord in an [experiential way](#) and **healing is the most convincing demonstration of God's love** for them. It is a tangible way for people to experience God. It is a natural desire for a sick person to be well. Christianity becomes immediately [relevant](#) to the life of the sick person when he receives healing from God.
3. **The [power and authority](#) to heal comes from Jesus**. He is the one that commands and imparts this power and authority to the disciples and also to us (Lk9v1-2 & Lk10v1, 8-9).
4. **The early church obeyed God's [direction/command](#) to heal the sick**. And people believed in God because of the healings and miracles (Ac5v12-16).
5. The early Church **preached Jesus [BY healing](#)**, not Jesus AND healing (Ac4v29, 1Cor4v20).
6. The Church today **MUST continue** the work (healing and deliverance) of the early Church, as we still have sick people among us and **we still see people getting healed!**
7. **[Healing](#) IS the Father's will**. That is why it is a command and mandate given to us. Jesus was intimate with the Father and knows this is His Will. (Jn5v19). And he acted on this, healing the sick wherever he went.

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B) HOW DO WE PRAY

1. **Do not allow the physical condition(symptoms) of the person to cause you to lose heart.**
[Faith](#) must be exercised whenever we pray for people. Have the assurance that God has the [power](#) and is [able](#) to heal! And that God loves that person as much as He loves you. So regardless of the physical condition, never give up on praying (Lk18v5, Mt9v2, Mk2v5).

2. **Two models of healing prayer:-**
 - a) Prayer of [Petition](#) – Petitioning, asking God that in His grace and mercy, He will touch and heal the person. The prayer of petition is made by ordinary people in ordinary circumstances.

 - b) Prayer of [Command](#) – Jesus commanded us to heal the sick and as we execute the prayer, we take authority and command the sickness to leave the person. The prayer of command is more effective and is made by people who have a higher level of faith.

3. **Power of [Agreement](#)** is important (Matt18v19-20). There is power when we agree in prayer. Where possible, have someone else who will agree in prayer with you for the sick person to be healed. Continue to intercede for the person (intercessory prayer, prayer chains, healing teams).

4. **[Faith](#) must be IN GOD** and Not in [FAITH](#) itself or the person praying. Without faith in God, healing cannot take place (Mk11v22-24).

5. **There is no single [technique](#) in praying for the sick.** God wants us to focus on Him and not a technique. Before praying, LISTEN to the sick person, then tune in to God. Ask God for discernment and word of knowledge.
 - a) It is the Holy Spirit that will [enlighten](#) us as to what is truly wrong.

 - b) The Holy Spirit will [reveal](#) at times, through mental images, promptings, unctions etc., what is wrong.

 - c) He will prompt us what type of [prayer](#) to pray.

6. **Laying on of hands** – It is biblical to lay hands on the sick (Mk16v18). Physical contact is a conduit to pass on the healing power to the person (Lk8v46). But it is not a must. God can still heal without us laying hands on the person (Mt8v6,13).
7. **Pray in Jesus name** – Jesus himself says that we should ask in His name (Jn14v14, 16v24). Praying in Jesus' name should not be a formula. We pray in Jesus' name focusing on the character and nature of God that He is a merciful, gracious, loving and compassionate God and that He is our healer.
8. **Be spontaneous in praying for the sick. Be YOURSELF.**
- a) Do not worry about what to say. It is ok if you get 'stuck' when you first start praying for the sick. Do not feel embarrassed. Always remember that it is God who heals and it is not about how well we pray. Always allow the Spirit of God to lead you.
 - b) Remove any personal inclination towards the person. Empty our mind and focus on the Healer.
 - c) Be specific in prayer. Focus your prayer specifically on the sickness.
 - d) Envision that God has started the work of healing. That the person is in the process of recovering.
 - e) Pray with confidence and conviction that it IS the WILL of God for the person to be healed.
 - f) Always end your prayer by praising and giving thanks to God!
 - g) Give the assurance to the sick person that God is ABLE to bring healing.

SAMPLE PRAYER

*This is just a sample prayer and it is not meant to be taken as a standard prayer for healing.

Father in heaven, I bring my brother/sister before you. In Jesus' name, I come against this sickness (name the sickness, ailment). I rebuke this sickness in Jesus' name. I command this sickness to leave the body. I break every generation curse over my brother/sister. This curse will not be passed down to him/her (pray this only when necessary). Be healed in Jesus name. In Jesus' name be healed. Lord we thank You. We praise You. And we give You all the glory! Amen.

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C) WHAT TO WATCH OUT FOR

1. **Tactfully remove spectators** – Just as there is power in agreement, the converse is true, that the healing power may not [flow](#) if there is no agreement in the spirit. So, if people around you lack faith in believing God for healing to take place for the sick person, tactfully ask them to stand aside or leave the room (Mk5v37-42, Mt13v58).
2. **[Heredity or Generation Curse](#)** – There are times where we need to [break](#) the generation curse over the person, eg. Grandmother, mother and she has cancer (Ex20v5).
3. **[Wrong Attitude](#)** – [Fear](#) and [doubts](#) are open doors for sickness to come upon the body. If this is true of the sick person, we need to pray against the fear so that healing can take place (Job3v25).
4. **Unforgiveness** – [Unforgiving](#) spirit, spirit of [anger](#), resentment, bitterness. These are common roots for sicknesses that needs to be dealt with (Mt6v15).
5. **[False Perception](#)** – Some people perceive that having [sickness](#) is to 'suffer for Jesus'; that they are 'carrying the cross'. So they take 'pride' in being sick. This mindset needs to be changed (3Jn2, Pro4v20-22, Ps107v20).
6. **Bodily Neglect** :-
 - a) [Physical Law](#) – The older we get, the weaker our physical body becomes, this is a natural physical law.
 - b) [Unhealthy Diet](#) – We are what we eat.
 - c) [Neglect](#) – Not enough physical rest. No exercise.
7. **Sin** – If we are living in sin, it will hinder healing from taking place.
 - a) [Gossip](#) – God was angry with the children of Israel for the [murmuring](#) (gossip) and [grumbling](#).
 - b) [Submission to Authority](#) – When we submit to the God given authority that has been placed over us, the bible tells us that all will go well with us (Eph6v2-3).

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D) WHY ARE ALL NOT HEALED

1. **Lack of Faith** – The disciples were unable to set the demon possessed boy free due to a lack of faith (Mt17v14).

2. **Lack of [Discernment](#)**.

3. **God's [Sovereignty](#)** (Jn5v3).

4. **God's Timing** – Not chronos (our time), but kairos (God's perfect timing). Some healing take place instantaneously, others come gradually (a process) – (Mk8v23-25).

5. **Paul's Thorn in the flesh** – The immediate and natural [response](#) from Paul was to ask God to take away that thorn in the flesh and not accept it. He only stopped praying when he received the [revelation](#) from God. Note:- the thorn in the flesh is described as a messenger of [Satan](#) and not from God (2Cor12v7-8).
 - Therefore our immediate response towards sickness would be to always pray for healing and not accept it.